

NTN ACTORS' LAB
FEBRUARY – APRIL 2026
SCHEDULE

	Date	Day	Time	Level	Theme
	7 February	Saturday	09H00– 13H00	Beginners	Foundations of Acting: Presence, Confidence & Ensemble Awareness
	14 February	Saturday	09H00– 13H00	Advanced	Text Analysis & Emotional Truth in Performance
	21 February	Saturday	09H00– 13H00	Beginners	Voice & Speech: Breath, Projection & Clarity
	28 February	Saturday	09H00– 13H00	Advanced	Character Development: Inner Life, Objectives & Transformation
	7 March	Saturday	09H00– 13H00	Beginners	Movement & Physical Awareness for the Actor
	28 March	Saturday	09H00– 13H00	Advanced	Scene Work: Dynamics, Rhythm & Partnering
	11 April	Saturday	09H00– 13H00	Beginners	Improvisation & Storytelling Basics
	18 April	Saturday	09H00– 13H00	Advanced	Styles of Acting: Classical vs Contemporary Approaches
	25 April	Saturday	09H00– 13H00	Beginners	Introduction to Auditions & Professional Etiquette